

MEND CLIENT STORY

Kara* was caught by surprise by her positive pregnancy test. Things were not supposed to work out this way. She had school plans, career ambitions, and housing considerations. In addition, the father of her child was not someone she could hope to stay in a long-term relationship with.

The only solution was abortion. To continue with this pregnancy seemed impossible, as did giving birth to a child that would forever connect her with a man she did not love.

Kara was ready to rush into a decision that she hoped would put her life back on course. But when she arrived at Mend Medical Center, the staff helped her slow down and think through the situation. **They asked her questions and made space for her to be honest with herself.** Kara realized that being a mother could be not only a possibility but maybe even the next big plan and blessing in her life.

After several more appointments with Mend, Kara made the decision to parent, and was enrolled in Mend's education program. She was excited to plan a gender reveal party and begin preparing to be a mother. She was grateful for Mend Staff who gave her space to slow down and be honest instead of rushing into a decision.

*client's name changed to protect confidentiality